

## School Medication Tips for Parents Clay Elementary

Type of Medication	PPA	Diet RX	Letter from MD	Other
Albuterol (or other asthma inhaler)	yes	no	no	Does your student require a spacer? If so, please bring it with medication
ADD/ADHD med	yes	no	no	
Epipen (or other epinephrine device)	yes	yes	Only if they don't complete the diet prescription	Please make sure all allergies are listed on PPA
OTC med	yes	no	no	Must be a new, unopened bottle of medication labeled with your student's name
Prescription med	yes	no	no	
Eye drops	yes	no	no	
Nasal Spray	yes	no	no	
Cough Drops	yes	no	no	
Topical Creams	yes	no	no	

### Definitions:

**PPA:** A form from your MD that explains how, when, and why your student will take the medication. It is considered the written order from your MD to the school nurse.

**Diet RX:** A form from your MD that explains your student's allergy and what needs to be given in its place.

**OTC:** An "over the counter" medication that you can purchase outside of the pharmacy (tylenol, motrin, etc)

### Reminders for medication Drop Off:

1. An adult must bring the medication to the school and sign it into the health room with school personnel.
  - a. Some prescriptions require us to count the amount of medication that is left at the school.
2. **ALL** medication, even OTC, requires an order from the physician. The form you need is called a **PPA**.
  - a. Medication will **NOT** be accepted without an order.
  - b. If the medication is for an allergy, we must have a diet prescription and/or letter from the physician that clearly states what your student is allergic to and what substitutions are necessary.
3. All prescription medications must have a pharmacy label attached to them and match exactly to the PPA.
4. All OTC medications must be new, unopened, and match exactly to the PPA.
5. Your student **MAY NOT** bring **ANY** medications to school in his or her backpack per Jefferson County policy.

**Health Condition Tips for Parents  
Clay Elementary**

(For use when registering your student)

Health Condition	Medication at school	Requires Diet RX	Requires Letter from MD
Asthma	Yes or No	No	No
Allergies	Yes or No	Yes for food allergies	Yes for any intolerances (lactose, mosquitoes, etc)
ADD/ADHD	Yes or No	No	No
Anxiety/Emotional Distress	Yes or No	No	Yes, explaining type and plan of action.
Sickle Cell	No	No	Please specify if it is trait only
Seizures	Yes or No	No	Yes, explaining type and frequency.
Headaches	Yes or No	No	Yes, explaining type and frequency.
Bleeding problems	No	No	Please specify type

**Reminders:**

- Please don't mark a health condition unless your student has been diagnosed by a MD with that condition.
- There is a difference between headaches and migraines. Please don't mark migraines if your student only has occasional headaches and/or doesn't require medication.
- Please be as specific as possible in the text boxes when describing each health condition.
- If your student requires medication at school, please refer to the "School Medication Tips for Parents" worksheet to ensure you have everything you need before bringing the medication to the school.