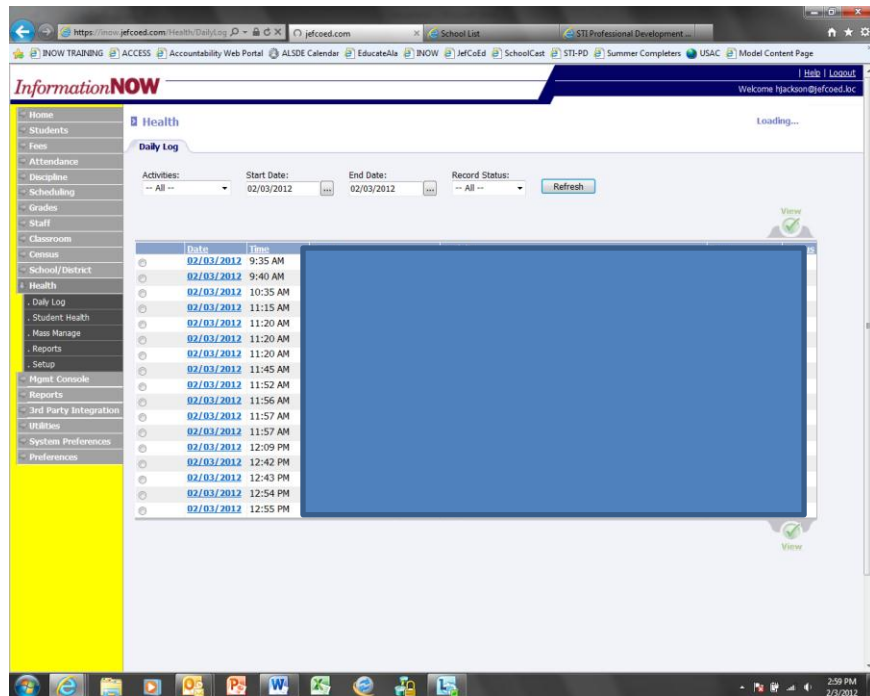


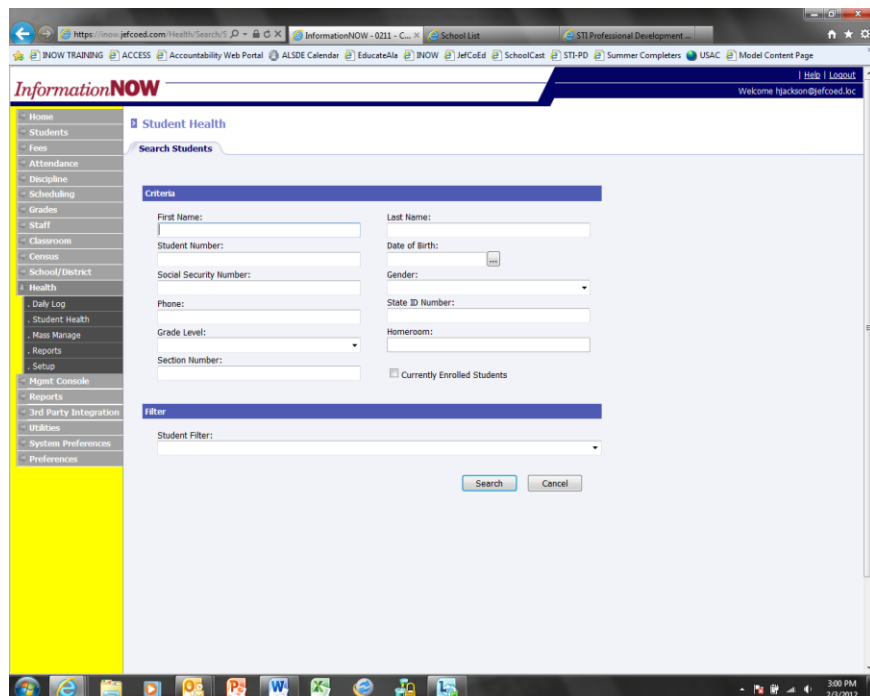
How to Enter Fitness Scores and Screenings in INOW

Login to INOW and click on the Health Tab

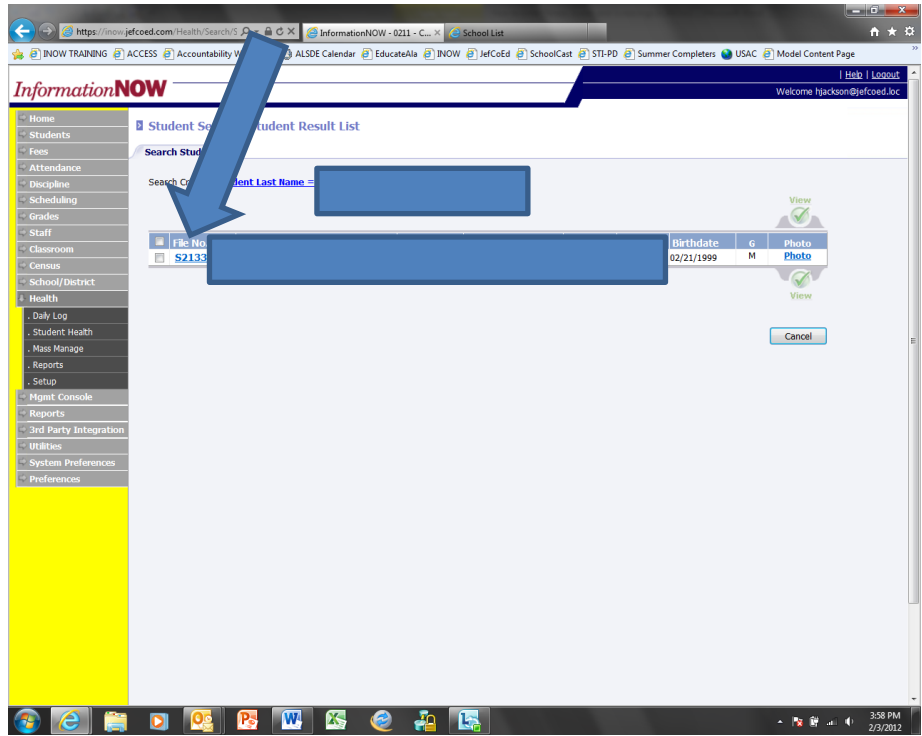


Click on Student Health

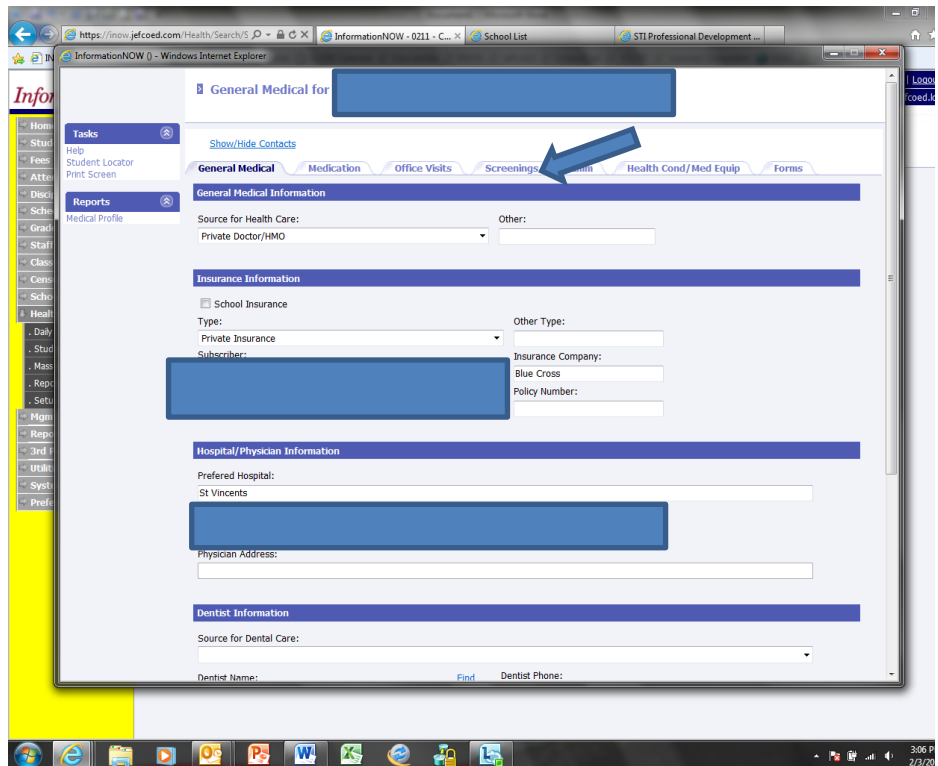
Type the first and last name of a student. Click search.



Click on the student ID number.

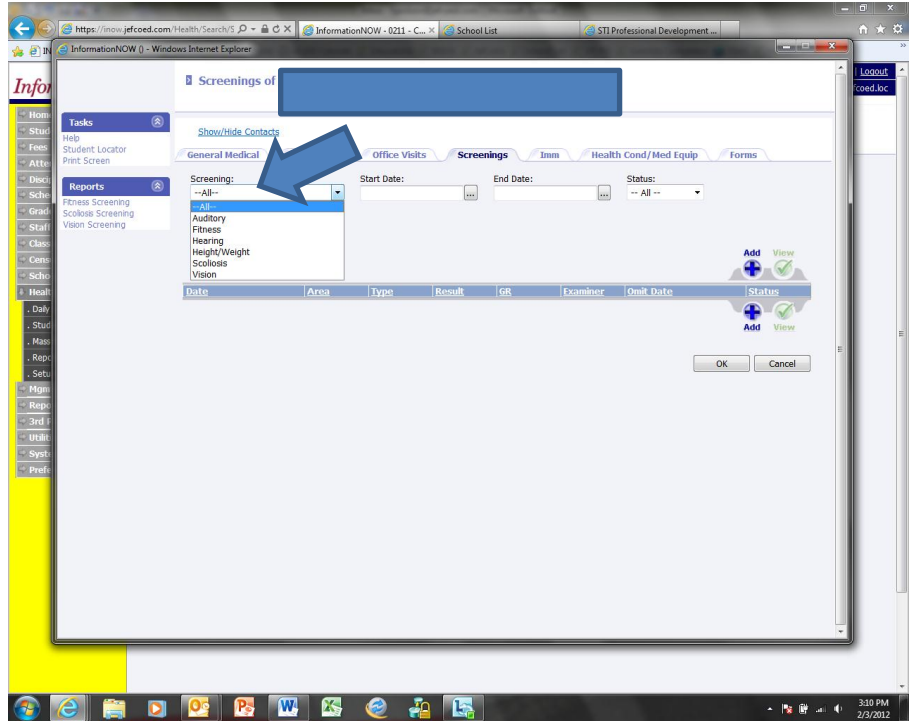


Now click on the Screenings tab.



Find the drop down box under screening. Select the appropriate activity.

Click Add.



Input data then click OK.

