






**Celebrate
Dr. Seuss'
Birthday
on March 2nd**

March 2012



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<p>1 Pancakes, Sausage Link Fresh Fruit, Orange Juice</p> <p>Loaded Baked Potato or Spaghetti w/WW Noodles Mixed Green Salad Steamed Broccoli, Fresh Fruit WW French Bread</p>	<p>2 Breakfast Wrap, Oatmeal Fresh Fruit, Orange Juice</p> <p>Breaded Chicken Sandwich or Sloppy Joe on WW Bun Sandwich Trimmings Zucchini & Tomatoes w/Ranch Dip, Tator Tots, Fresh Fruit</p>	
	<p>5 Chicken Biscuit Fresh Fruit, Orange Juice</p> <p>Hawaiian Sandwich Wrap or Fish Sandwich on WW Bun Three Bean Salad French Fries, Fruit, Sherbert</p>	<p>6 Scrambled Eggs, Jelly Toast Cheese Grits, Fresh Fruit, OJ</p> <p>Steak Nuggets, Baked Potato, Green Beans, Fresh Fruit, WW Roll Frozen Fruit Bar or Salad To Go w/RF Doritos</p>	<p>7 Ham & Cheese Bagel Fresh Fruit, Orange Juice</p> <p>Tetrazzini w/WW Roll or McRib Sandwich on WW Bun w/WG Chips, Mixed Green Salad Sweet Potato, Fresh Fruit</p>	<p>8 Waffle Stick, Sausage Link Fresh Fruit, Orange Juice</p> <p>Grilled Chicken Sandwich on WW Bun w/ Sandwich Trimmings or WG Corndog, Carrot Coins, Corn Nuggets, Fresh Fruit, Green Jello-O</p>	<p>9 Muffin, Oatmeal Fresh Fruit, Orange Juice</p> <p>Beefy Nachos or Mexican Pizza Black Beans, Mexicali Corn Mixed Green Salad Mexican Rice, Fresh Fruit Yellow Cake</p>	
	<p>12 Ham Biscuit, Grits Fresh Fruit, Orange Juice</p> <p>Chipotle Wrap or WG Corndog WG Mexican Rice California Steamed Veggies Mexicali Corn Fruit, Brownie</p>	<p>13 Scrambled Eggs, Bacon Grits, Fresh Fruit, OJ</p> <p>Pizza or Deli Sandwich on WW Bread, Mixed Green Salad, Steamed Broccoli, Fresh Fruit Sun Chips</p>	<p>14 Breakfast Pizza Fresh Fruit, Orange Juice</p> <p>Chicken Nuggets Mixed Green Salad Black-eyed Peas, Corn Bread Mac & Cheese, Fresh Fruit Cookie or Salad to Go Plate</p>	<p>15 French Toast Sticks Sausage, Fresh Fruit, OJ</p> <p>Hamburger or BBQ on WW Bun Sandwich Trimmings Baked Beans, French Fries Fresh Fruit</p>	<p>16 Breakfast Scramble Grits, Fresh Fruit, OJ</p> <p>WG Chicken Parmesan or Fish Nuggets Green Beans, Fried Squash Fresh Fruit, WW Roll</p>	
	<p>19</p> <p style="text-align: center;">Spring Break March 19-23</p>	<p>20</p> 	<p>21</p> 	<p>22</p> 	<p>23</p> <p style="text-align: center;">Celebrate Dr. Seuss' Birthday on March 2nd</p>	
	<p>26 Scrambled Eggs, Jelly Toast Cheese Grits, Fresh Fruit, OJ</p> <p>Pizza or Turkey Wrap California Steamed Veggies Fried Okra, Fruit, RF Doritos Chocolate Chip Cookie</p>	<p>27 Sausage Biscuit Fresh Fruit, Orange Juice</p> <p>Meatloaf or Steak Nuggets Mashed Potatoes, Turnip Greens Black-eyed Peas, Fresh Fruit, WW Roll</p>	<p>28 Cinnamon Toast, Yogurt Oatmeal, Fresh Fruit, OJ</p> <p>WG Cajun Chicken w/ Cornbread or Hotdog on WW Bun, Raw Carrots, Corn on the Cob, Fruit, WG Cookie</p>	<p>29 Pancakes, Sausage Link Fresh Fruit, Orange Juice</p> <p>Loaded Baked Potato or Spa- ghetti w/WW Noodles, Mixed Green Salad Steamed Broccoli, Fresh Fruit WW French Bread</p>	<p>30 Breakfast Wrap, Oatmeal Fresh Fruit, Orange Juice</p> <p>Breaded Chicken Sandwich or Sloppy Joe on WW Bun Sandwich Trimmings Zucchini & Tomatoes w/ Ranch Dip Tator Tots, Fresh Fruit</p>	

April 2012

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2 Chicken Biscuit
Fresh Fruit, Orange Juice

Hawaiian Sandwich Wrap or
Fish Sandwich on WW Bun
Three Bean Salad
French Fries, Fruit, Sherbet

9 Piggle Stick, Oatmeal
Fresh Fruit, Orange Juice

Hot Dog or BBQ Chicken on
WW Bun
Onion Rings, Coleslaw
Fruit, Pudding

16 Ham Biscuit, Grits
Fresh Fruit, Orange Juice

Chipotle Wrap or WG Corndog
WG Mexican Rice
California Steamed Veggies
Mexicali Corn
Fruit, Brownie

23 Scrambled Eggs, Jelly Toast
Cheese Grits, Fresh Fruit, OJ

Pizza or Turkey Wrap
California Steamed Veggies
Fried Okra, Fruit, RF Doritos
Chocolate Chip Cookie

30 Chicken Biscuit
Fresh Fruit, Orange Juice

Hawaiian Sandwich Wrap or
Fish Sandwich on WW Bun
Three Bean Salad
French Fries, Fruit, Sherbet

3 Scrambled Eggs, Jelly Toast
Cheese Grits, Fresh Fruit, OJ

Steak Nuggets
Baked Potato, Green Beans
Fresh Fruit, WW Roll
Frozen Fruit Bar or
Salad To Go Plate w/RF Doritos

10 WW Cheese Toast, Grits
Fresh Fruit, Orange Juice

Oven Fried Chicken
or Sliced Ham
Pinto Beans, Turnip Greens
Fresh Fruit, Cornbread, Cookie

17 Scrambled Eggs, Bacon
Grits, Fresh Fruit, OJ

Pizza or
Deli Sandwich on WW Bread
Mixed Green Salad
Steamed Broccoli, Fresh Fruit
Sun Chips

24 Sausage Biscuit
Fresh Fruit, Orange Juice

Meatloaf or Steak Nuggets
Mashed Potatoes, Turnip Greens
Black-eyed Peas, Fresh Fruit
WW Roll



4 Ham & Cheese Bagel
Fresh Fruit, Orange Juice

Tetrazzini w/WW Roll or
McRib Sandwich on WW Bun
w/WG Chips
Mixed Green Salad
Sweet Potato, Fresh Fruit

11 Sausage Gravy Biscuit
Fresh Fruit, Orange Juice

Lasagna or Pizza
Parmesan Tuscan Salad
Steamed Squash, Fresh Fruit
WW Breadstick

18 Breakfast Pizza
Fresh Fruit, Orange Juice

Chicken Nuggets
Mixed Green Salad
Black-eyed Peas, Corn Bread
Mac & Cheese, Fresh Fruit
Cookie or Salad to Go Plate

25 Cinnamon Toast, Yogurt
Oatmeal, Fresh Fruit, OJ

WG Cajun Chicken w/Cornbread
or Hotdog on WW Bun
Raw Carrots, Corn on the Cob
Fruit, WG Cookie



5 Waffle Stick, Sausage Link
Fresh Fruit, Orange Juice

Grilled Chicken Sandwich on WW
Bun w/Sandwich Trimmings
or WG Corndog
Carrot Coins, Corn Nuggets
Fresh Fruit, Green Jell-O

12 Scrambled Eggs, Grits
Hash Browns, Fresh Fruit, OJ

Salisbury Steak w/gravy or
Chicken Nuggets
Mashed Potatoes, Fresh Fruit
Peas & Carrots, WW Roll

19 French Toast Sticks
Sausage, Fresh Fruit, OJ

Hamburger or BBQ on WW Bun
Sandwich Trimmings
Baked Beans, French Fries
Fresh Fruit

26 Pancakes, Sausage Link
Fresh Fruit, Orange Juice

Loaded Baked Potato or
Spaghetti w/WW Noodles
Mixed Green Salad
Steamed Broccoli, Fresh Fruit
WW French Bread



6 Muffin, Oatmeal
Fresh Fruit, Orange Juice

Beefy Nachos or Mexican Pizza
Black Beans, Mexicali Corn
Mixed Green Salad
Mexican Rice, Fresh Fruit
Yellow Cake

13 Cinnamon Roll
Oatmeal, Fresh Fruit, OJ

Chicken Wrap or Beef Burrito
Broccoli & Cauliflower w/Ranch
Chili Beans, Fresh Fruit
RF Doritos

20 Breakfast Scramble
Grits, Fresh Fruit, OJ

WG Chicken Parmesan or
Fish Nuggets
Green Beans, Fried Squash
Fresh Fruit, WW Roll

27 Breakfast Wrap, Oatmeal
Fresh Fruit, Orange Juice

Breaded Chicken Sandwich or
Sloppy Joe on WW Bun
Sandwich Trimmings
Zucchini & Tomatoes w/Ranch Dip
Tator Tots, Fresh Fruit



MAY 2012

MONDAY

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THURSDAY

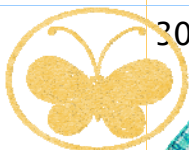
FRIDAY

	<p>1 Scrambled Eggs, Jelly Toast Cheese Grits, Fresh Fruit, OJ</p> <p>Steak Nuggets Baked Potato, Green Beans Fresh Fruit, WW Roll Frozen Fruit Bar or Salad To Go Plate w/RF Doritos</p>	<p>2 Ham & Cheese Bagel Fresh Fruit, Orange Juice</p> <p>Tetrazzini w/WW Roll or McRib Sandwich on WW Bun w/WG Chips Mixed Green Salad Sweet Potato, Fresh Fruit</p>	<p>3 Waffle Stick, Sausage Link Fresh Fruit, Orange Juice</p> <p>Grilled Chicken Sandwich on WW Bun w/Sandwich Trimmings or WG Corndog Carrot Coins, Corn Nuggets Fresh Fruit, Green Jell-O</p>	<p>4 Muffin, Oatmeal Fresh Fruit, Orange Juice</p> <p>Beefy Nachos or Mexican Pizza Black Beans, Mexicali Corn Mixed Green Salad Mexican Rice, Fresh Fruit Yellow Cake</p>
<p>7 Piggle Stick, Oatmeal Fresh Fruit, Orange Juice</p> <p>Hot Dog or BBQ Chicken on WW Bun Onion Rings, Coleslaw Fruit, Pudding</p>	<p>8 WW Cheese Toast, Grits Fresh Fruit, Orange Juice</p> <p>Oven Fried Chicken or Sliced Ham Pinto Beans, Turnip Greens Fresh Fruit, Cornbread, Cookie</p>	<p>9 Sausage Gravy Biscuit Fresh Fruit, Orange Juice</p> <p>Lasagna or Pizza Parmesan Tuscan Salad Steamed Squash, Fresh Fruit WW Breadstick</p>	<p>10 Scrambled Eggs, Grits Hash Browns, Fresh Fruit, OJ</p> <p>Salisbury Steak w/gravy or Chicken Nuggets Mashed Potatoes, Fresh Fruit Peas & Carrots, WW Roll</p>	<p>11 Cinnamon Roll Oatmeal, Fresh Fruit, OJ</p> <p>Chicken Wrap or Beef Burrito Broccoli & Cauliflower w/Ranch Chili Beans, Fresh Fruit RF Doritos</p>
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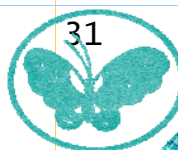
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