



AUGUST 2011

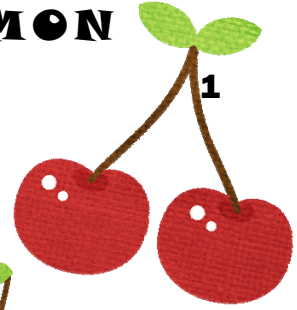
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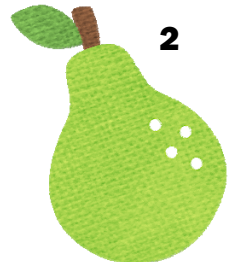
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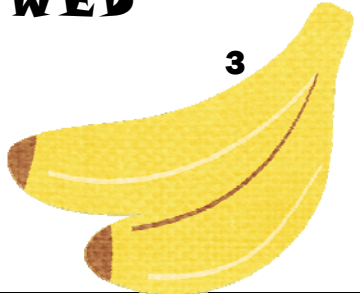
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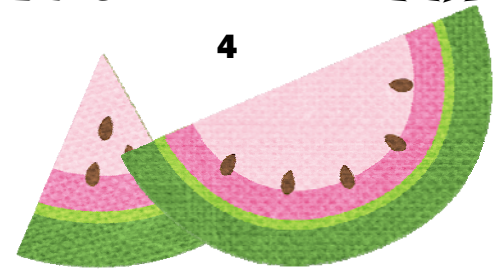
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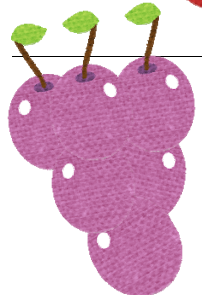
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welcome back!

French Toast Sticks **15**
Sausage, Fresh Fruit, OJ

Scrambled Eggs, Grits **16**
Bacon, Fresh Fruit, OJ

Homemade Cinnamon Roll **17**
Oatmeal, Fresh Fruit, OJ

Ham Biscuit, Grits **18**
Fresh Fruit, Orange Juice

Breakfast Pizza **19**
Fresh Fruit, Orange Juice

Chipotle Wrap or *Corndog*
Mexican Rice, Mexicali Corn
California Steamed Veggies
Fruit, Brownie

Hamburger or *BBQ* w/WW Bun
& Sandwich Trimmings
Baked Beans, French Fries
Fresh Fruit

Chicken Nuggets or
Manager's Choice
Mac & Cheese, Fresh Fruit
Black-eyed Peas, Cornbread
Mixed Green Salad, Cake

Pizza
Raw Carrots w/Ranch Dip
WK Corn, Fresh Fruit, Cookie
or *Salad to Go Plate w/Doritos*

Deli Sandwich on WW Bread
or *Manager's Choice*
Steamed Broccoli
Mixed Green Salad
Fresh Fruit, Sun Chips

Scrambled Eggs, Toast **22**
Cheese Grits, Fruit, OJ

Sausage Biscuit **23**
Fresh Fruit, Orange Juice

Cinnamon Toast, Yogurt **24**
Oatmeal, Fresh Fruit, OJ

Pancakes, Sausage Link **25**
Fresh Fruit, Orange Juice

Breakfast Wrap, Oatmeal **26**
Fresh Fruit, Orange Juice

Turkey Wrap or
Manager's Choice
California Steamed Veggies
Fried Okra, Pasta Salad
Fruit, Cake

Meatloaf or *Manager's Choice*
Potatoes, Black-eyed Peas
Turnip Greens, Fresh Fruit
WW Roll

Hotdog on WW Bun
or *Manager's Choice*
Raw Carrots w/Ranch Dip
Fruit, Corn on the Cob, Cookie

Spaghetti w/Meat Sauce
or *Manager's Choice*
Mixed Green Salad
Steamed Broccoli, Fruit
WW French Bread

Breaded Chicken Sandwich or
Ham & Cheese Sandwich
Sandwich Trimmings
Grape Tomatoes & Zucchini
w/Ranch Dip, Tater Tots
Fruit

Chicken Biscuit **29**
Fresh Fruit, Orange Juice

Scrambled Eggs, Toast **30**
Cheese Grits, Fresh Fruit, OJ

Ham & Cheese Croissant **31**
Fresh Fruit, Orange Juice

Hawaiian Sandwich Wrap
or *Sloppy Joe* w/WW Bun
Three Bean Salad, French Fries
Fruit, Sherbet

Steak Nuggets or
Salad to Go Plate w/Doritos
Baked Potato, Green Beans
Fresh Fruit, WW Roll

Beefy Nachos or *Mexican Pizza*
Black Beans, Mexicali Corn
Mexican Rice, Fresh Fruit
Mixed Green Salad

