



# AUGUST 2011

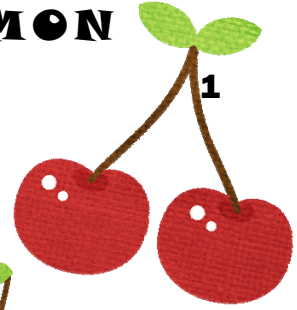
**MON**

**TUE**

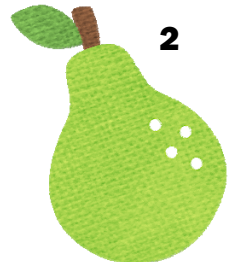
**WED**

**THU**

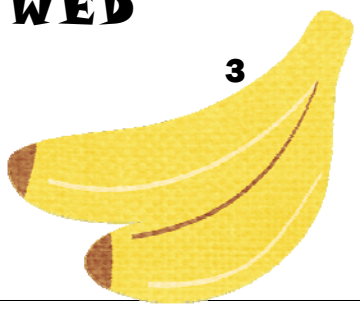
**FRI**



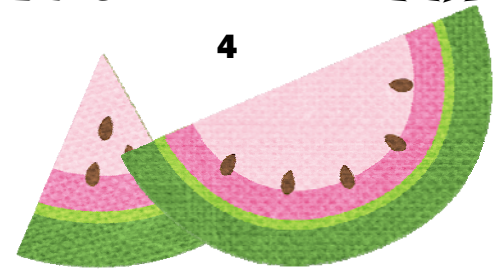
**1**



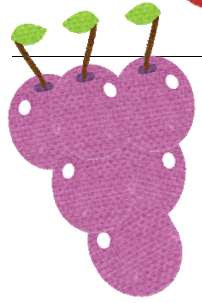
**2**



**3**



**4**



**8**

**9**

**10**

**11**

**12**

welcome back!

French Toast Sticks **15**  
Sausage, Fresh Fruit, OJ

Scrambled Eggs, Grits **16**  
Bacon, Fresh Fruit, OJ

Homemade Cinnamon Roll **17**  
Oatmeal, Fresh Fruit, OJ

Ham Biscuit, Grits **18**  
Fresh Fruit, Orange Juice

Breakfast Pizza **19**  
Fresh Fruit, Orange Juice

Chipotle Wrap  
Mexican Rice, Mexicali Corn  
California Steamed Veggies  
Fruit, Brownie

Hamburger on WW Bun  
Sandwich Trimmings  
Baked Beans, French Fries  
Fresh Fruit

Chicken Nuggets  
Mac & Cheese, Fresh Fruit  
Black-eyed Peas, Cornbread  
Mixed Green Salad, Cake

Pizza  
Raw Carrots w/Ranch Dip  
WK Corn, Fresh Fruit, Cookie

Deli Sandwich on WW Bread  
Steamed Broccoli  
Mixed Green Salad  
Fresh Fruit, Sun Chips

Scrambled Eggs, Toast **22**  
Cheese Grits, Fruit, OJ

Sausage Biscuit **23**  
Fresh Fruit, Orange Juice

Cinnamon Toast, Yogurt **24**  
Oatmeal, Fresh Fruit, OJ

Pancakes, Sausage Link **25**  
Fresh Fruit, Orange Juice

Breakfast Wrap, Oatmeal **26**  
Fresh Fruit, Orange Juice

Turkey Wrap  
California Steamed Veggies  
Fried Okra, Pasta Salad  
Fruit, Cake

Meatloaf  
Potatoes, Black-eyed Peas  
Turnip Greens, Fresh Fruit  
WW Roll

Hotdog on WW Bun  
Raw Carrots w/Ranch Dip  
Fruit, Corn on the Cob, Cookie

Spaghetti w/Meat Sauce  
Mixed Green Salad  
Steamed Broccoli, Fruit  
WW French Bread

Breaded Chicken Sandwich on  
WW Bun w/Sandwich Trimmings  
Grape Tomatoes & Zucchini  
w/Ranch Dip, Tater Tots  
Fruit

Chicken Biscuit **29**  
Fresh Fruit, Orange Juice

Scrambled Eggs, Toast **30**  
Cheese Grits, Fresh Fruit, OJ

Ham & Cheese Croissant **31**  
Fresh Fruit, Orange Juice

Hawaiian Sandwich Wrap  
Three Bean Salad, French Fries  
Fruit, Sherbet

Steak Nuggets  
Baked Potato, Green Beans  
Fresh Fruit, WW Roll

Beefy Nachos  
Black Beans, Mexicali Corn  
Mexican Rice, Fresh Fruit  
Mixed Green Salad

