

# Jefferson County Child Nutrition

Jefferson County Lunch 9-12

Sep 12, 2018

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October 2018

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 1 Crispy Chicken Sandwich Meatloaf Homemade Roll Potatoes Au Gratin Carrot Sticks Variety of Fruit Milk Sugar Cookie	Oct - 2 Chicken Casserole Rice Hot Pocket Cauliflower w/cheese Peas & Carrots Variety of Fruit Milk	Oct - 3 Chicken Alfredo Homemade Roll Hamburger/Cheesebur Parmesan Tuscan Sal Potato Wedges Variety of Fruit Milk	Oct - 4 Chicken Poppers Bean & Beef Burrito Homemade Roll Green Beans Cooked Carrots Variety of Fruit Milk	Oct - 5 Pizza Crispito Mexican Beans Mixed Green Salad Variety of Fruit Milk
Oct - 8 NO SCHOOL TODAY	Oct - 9 Taco Salad Mexican Cornbread Pizza Pinto Beans Corn Variety of Fruit Milk	Oct - 10 Spaghetti Homemade Roll Nathan's Hot Dog Parmesan Tuscan Sal Cauliflower w/cheese Variety of Fruit Milk	Oct - 11 Tyson Hot Wings Fiesta Pizza Carrots & Celery, fresh Green Beans Chips Variety of Fruit Milk	Oct - 12 Steak Nuggets Spicy Chicken Sndwch Cornbread Steamed Broccoli Cooked Carrots Variety of Fruit Milk
Oct - 15 Italian Baked Chicken Cheesy lasagna Homemade Roll Steamed Broccoli Yam Patty Variety of Fruit Milk	Oct - 16 BBQ Pork Nachos Crispito Pinto Beans Corn Variety of Fruit Milk	Oct - 17 Cheeseburger Fish Nuggets Hush Puppies Grilled chicken & cheese sandwich Coleslaw Baked Beans Chips Variety of Fruit Milk Carnival Cookie	Oct - 18 Chicken Fingers Chili Mac Homemade Roll California Vegetables Potato Wedges Variety of Fruit Milk	Oct - 19 Salisbury Steak Sweet and Sour Chick Rice Green Beans Mixed Green Salad Variety of Fruit Milk
Oct - 22 Corndog Chicken Parmesan Sandwich Potato Wedges Carrots & Tomatoes, r Variety of Fruit Milk Carnival Cookie	Oct - 23 Super Nachos Chic & Cheese Quesa Chili Beans Corn Variety of Fruit Milk	Oct - 24 Chicken Fingers Waffles Tater Tot Casserole Biscuit Green Beans Variety of Fruit Milk	Oct - 25 Beef Tips Rice Cheese Dippers W/Marinara Sauce Parmesan Tuscan Sal California Vegetables Variety of Fruit Milk	Oct - 26 NO SCHOOL TODAY
Oct - 29 Crispy Chicken Sandwich Meatloaf Homemade Roll Potatoes Au Gratin Carrot Sticks Variety of Fruit Milk Sugar Cookie	Oct - 30 Chicken Casserole Rice Hot Pocket Cauliflower w/cheese Peas & Carrots Variety of Fruit Milk	Oct - 31 Chicken Alfredo Homemade Roll Hamburger/Cheesebur Parmesan Tuscan Sal Potato Wedges Variety of Fruit Milk		

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.