

# Jefferson County Child Nutrition

Jefferson County Lunch k-5

Sep 12, 2018

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October 2018

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 1 Crispy Chicken Sandwich Meatloaf Cornbread Potatoes Au Gratin Carrot Sticks Variety of Fruit Milk Sugar Cookie	Oct - 2 Chicken Casserole Rice Hot Pocket Broccoli w/cheese Peas & Carrots Variety of Fruit Milk	Oct - 3 Chicken Alfredo Cheesy Garlic Bread Hamburger/Cheesebur Parmesan Tuscan Sal Corn Variety of Fruit Milk	Oct - 4 Chicken Poppers Homemade Roll Bean & Beef Burrito Mashed Potatoes Green Beans Variety of Fruit Milk	Oct - 5 Crispito Pizza Mexican Beans Corn Salad Variety of Fruit Milk
Oct - 8 NO SCHOOL TODAY	Oct - 9 Taco Salad Pizza Pinto Beans Corn Variety of Fruit Milk	Oct - 10 Spaghetti Homemade Roll Nathan's Hot Dog Parmesan Tuscan Sal Cauliflower w/cheese Variety of Fruit Milk	Oct - 11 Tyson Hot Wings Fiesta Pizza Carrots & Celery, fresh Green Beans Variety of Fruit Milk	Oct - 12 Steak Nuggets Grilled Cheese Sandwi Chips Steamed Broccoli Blackeyed Peas Variety of Fruit Milk
Oct - 15 Italian Baked Chicken Cheesy lasagna Homemade Roll Steamed Broccoli Sweet Potato Casserol Variety of Fruit Milk	Oct - 16 BBQ Nachos Crispito Pinto Beans Corn Variety of Fruit Milk	Oct - 17 Cheeseburger Hamburger/Cheesebur Fish Nuggets Hush Puppies Coleslaw Baked Beans Variety of Fruit Milk Carnival Cookie	Oct - 18 Chicken Fingers Chili Mac Homemade Roll California Vegetables Potato Wedges Variety of Fruit Milk	Oct - 19 Pizza Sweet and Sour Chick Rice Green Beans Mixed Green Salad Variety of Fruit Milk
Oct - 22 Corndog Chicken Parmesan Sandwich Mashed Potatoes Carrots & Tomatoes, r Variety of Fruit Milk Carnival Cookie	Oct - 23 Super Nachos Chic & Cheese Quesa Mexican Beans w/chee Corn Variety of Fruit Milk	Oct - 24 Chicken Fingers Waffles Tater Tot Casserole Biscuit Green Beans Variety of Fruit Milk	Oct - 25 Beef Tips Rice Cheese Dippers W/Marinara Sauce Parmesan Tuscan Sal Potato Wedges Variety of Fruit Milk	Oct - 26 NO SCHOOL TODAY
Oct - 29 Crispy Chicken Sandwich Meatloaf Cornbread Potatoes Au Gratin Carrot Sticks Variety of Fruit Milk Sugar Cookie	Oct - 30 Chicken Casserole Rice Hot Pocket Broccoli w/cheese Peas & Carrots Variety of Fruit Milk	Oct - 31 Chicken Alfredo Cheesy Garlic Bread Hamburger/Cheesebur Parmesan Tuscan Sal Corn Variety of Fruit Milk		

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.